

**“What Does Real Worship  
Look Like?”  
Matthew 6: 1-8 and 16-18**

**January 30, 2022**

**Our flesh is our fallen nature**

**Our flesh is never satisfied; it always wants more and more**

**Our flesh is like a piranha – always on a feeding frenzy**





# SPIRIT VS FLESH

Rom. 8:5-6



## Our battle strategy:

- Detach from the world
- Feed your spirit
- Starve your flesh

Feeding our spirit starts with:

HEARING JESUS, *and*

LISTENING TO JESUS!!

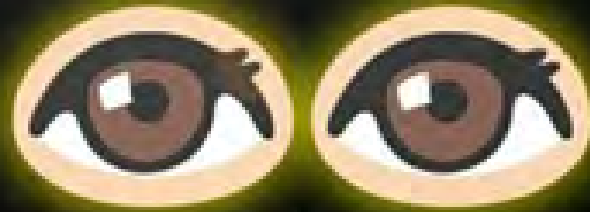


May we be like this when Jesus speaks - *HEAR HIM!!*





All



on

jesus

**What keeps us from hearing?**

***DISTRACTION!!***

***DISTRACTION*** leads to

***DECEPTION*** which leads to

***DESTRUCTION!***

**Distracted people are easily deceived people!**



These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.

**John 15:11**



**Joy** = gladness of heart

**Full** = “*pleroo*” = crammed full of  
joy; overflowing joy

**YOU, living in an evil, unfair world, can  
overcome all the whatever's.**

**How?**

**By being *FILLED WITH THE HOLY SPIRIT!!***

## What does real worship of God look like?

*True worship is our heart to  
God's heart*

*Complete honor, adoration, extoling  
the One who gives us life, breath and  
all things*

Verse 1 - 4

**What does real worship of God look like? -**  
***GIVING***

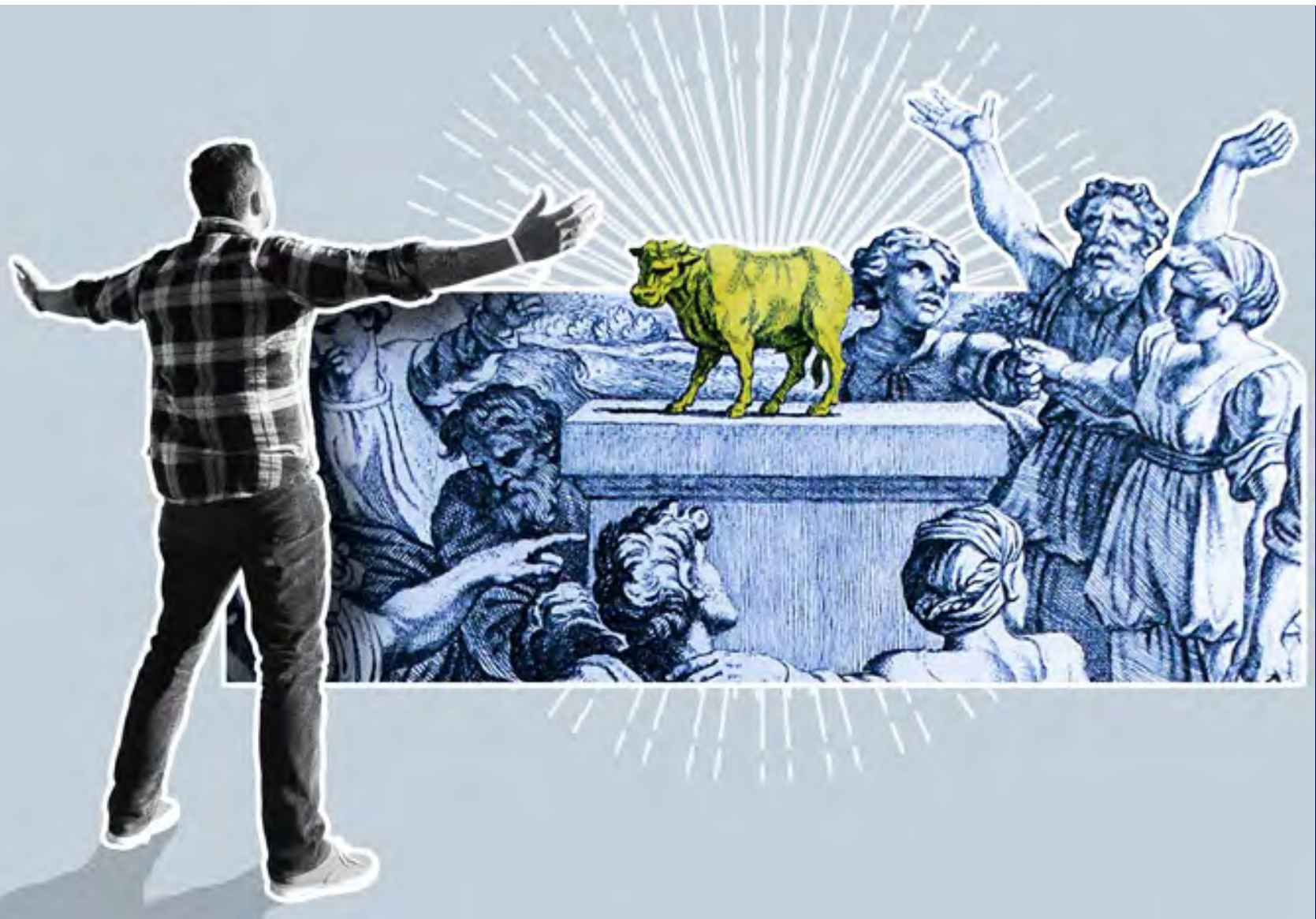
**Worship** = to pay homage, show  
reverence; to kneel before;  
to serve and obey

***GOD FIRST ABOVE ALL OTHERS!***

**We worship God by serving and obeying Him**

**What are we worshipping before God?**





Giving to be noticed is a common human trait

– Luke 18: 9-14

Jesus disdains giving for self-glory

**Jesus pulls no punches:**

*HYPOCRITE*

Mask wearer, fraud

**Alms giving, charitable deeds in *SECRET*, are worship to God**

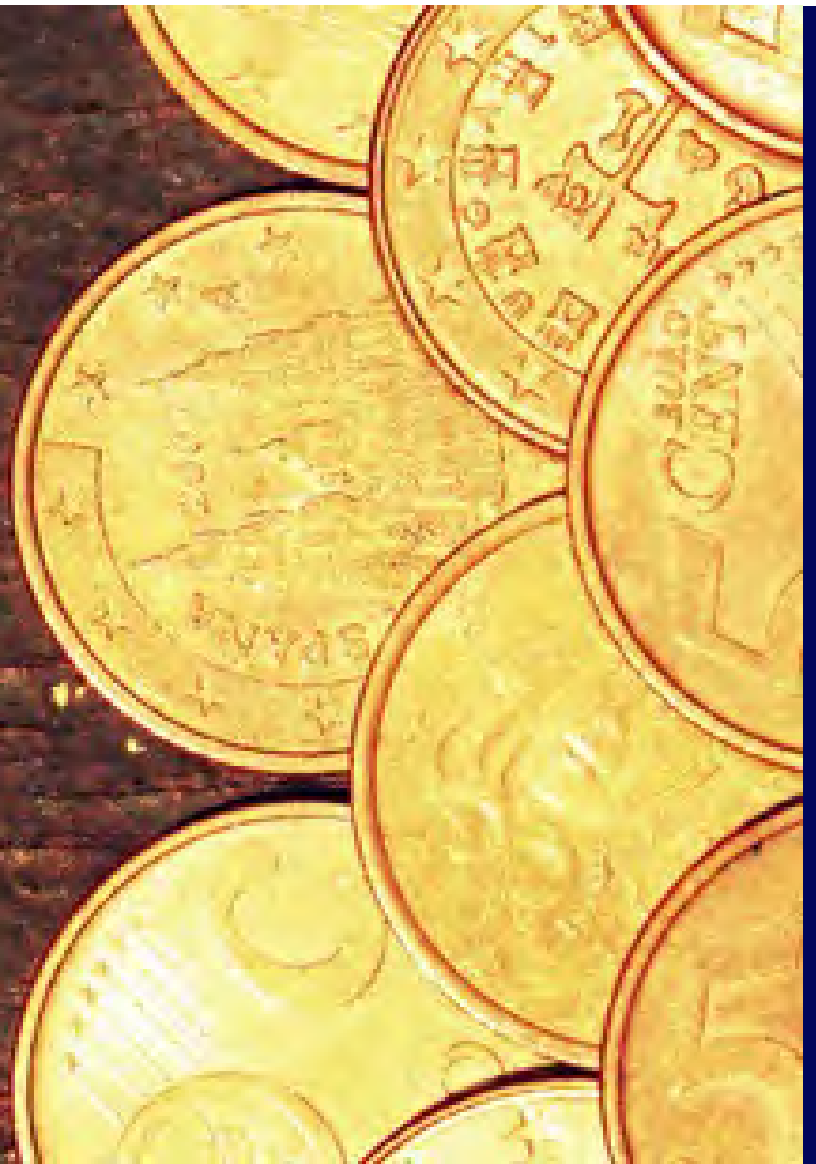
Unnoticed by man ***but seen clearly by God!***

God encourages giving for the right reason

**Have a steward attitude –**

***IT'S NOT MINE!!***

**It's not  
your  
money.**



Verse 5 - 8

**What does real worship of God look like? -**  
***PRAYER***

## **What is prayer?**

- 1) Prayer is practicing the presence of God**
- 2) Prayer is admitting our need, our dependence upon God**
- 3) Prayer is talking to God, fellowshiping with God, spending time with God**
- 4) Prayer changes the one praying; my will is conformed to God's will**
- 5) Prayer is a place where my heart is quieted, the world is silenced, and I enjoy God**

**Does prayer change things?**

***YES!! God delights in changing our circumstances***

***“Always pray and not lose heart” Luke 18: 1***

**Somehow, in the sovereignty of God, He incorporates our prayers into His decisions**

**Praying like the hypocrites (*to be noticed, the phony bologna show*), Jesus disdains!!**

**The Jesus way:**

*Do nothing for show and the applause of mankind*

*Enter your secret place, the place where you meet with God, regularly*



## What is praying in vain repetitions?

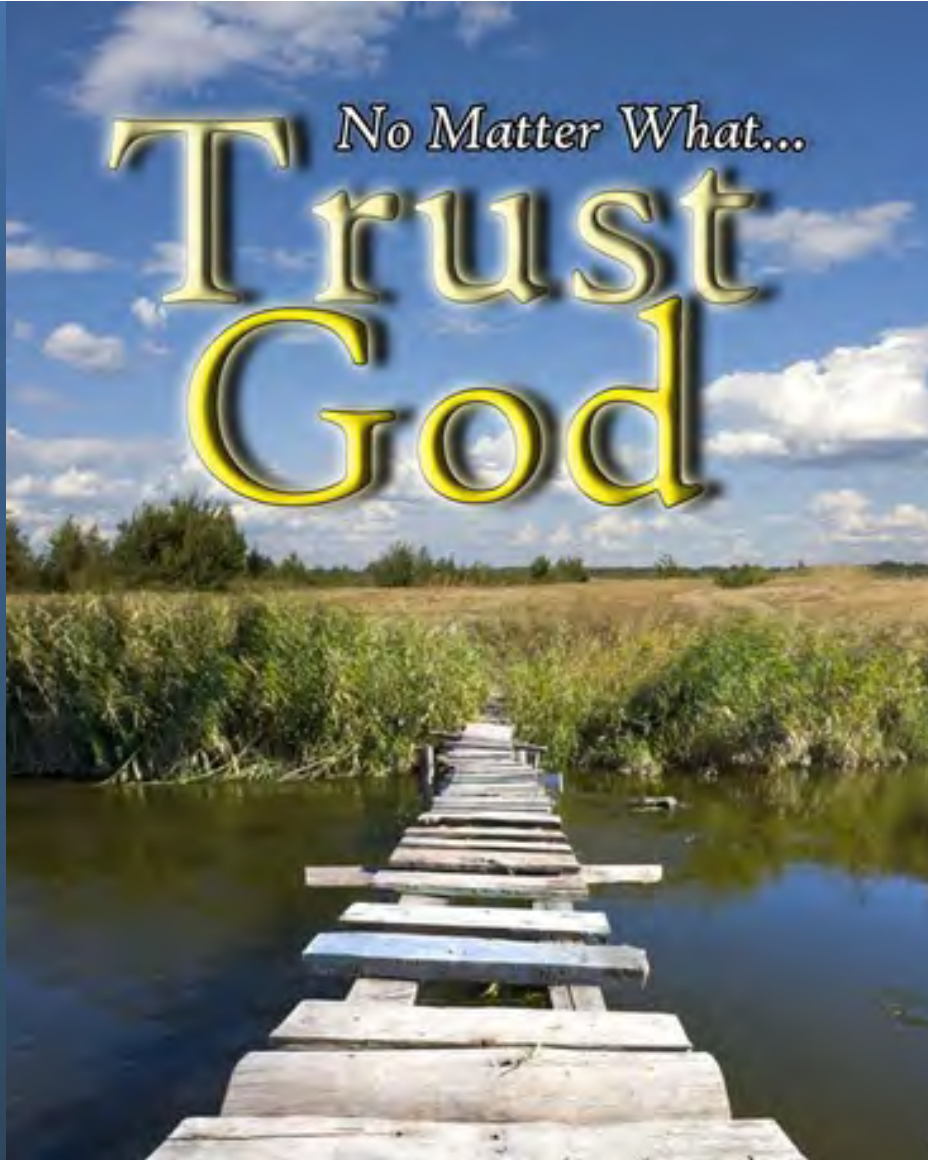
*“battologeo”* = to speak foolishly; indiscreet vowing in prayer

### IMPORTANT:

We do not control God by demanding our way or our will in prayer

Pray like a Christian – trust God with *“Thy will be done”*

*No Matter What...*  
**Trust  
God**



Verse 16 - 18

**What does real worship of God look like? -  
*FASTING***

## What is fasting?

Fasting emphasizes the denial of the flesh

**Pharisee fasting** – drawing attention to self

**God fasting** – private and personal

**Keep it real, *keep it God-focused!!***



To the Works of the Flesh.

## CLOSING THOUGHTS:

**What does real worship look like?**

**In all our worship we are ascribing worth to God – *it's never about me!***

***“The self-life blinds us to the holiness of God.  
The self-sins keep us from  
seeing God as He is”***

**(A.W. Tozer)**

Our worship is not a one and done, but “*a continual gaze of the heart at God*” (Tozer)

**When we worship God, set our gaze on God**

**God will set His gaze on us!**

***“But You are holy, enthroned in  
the praises of Israel”***

**Psalm 22: 3**

**The God of the universe will take time to sit with you, dwell with you, and set His gaze on you!**

**Can you imagine how much God loves you?**



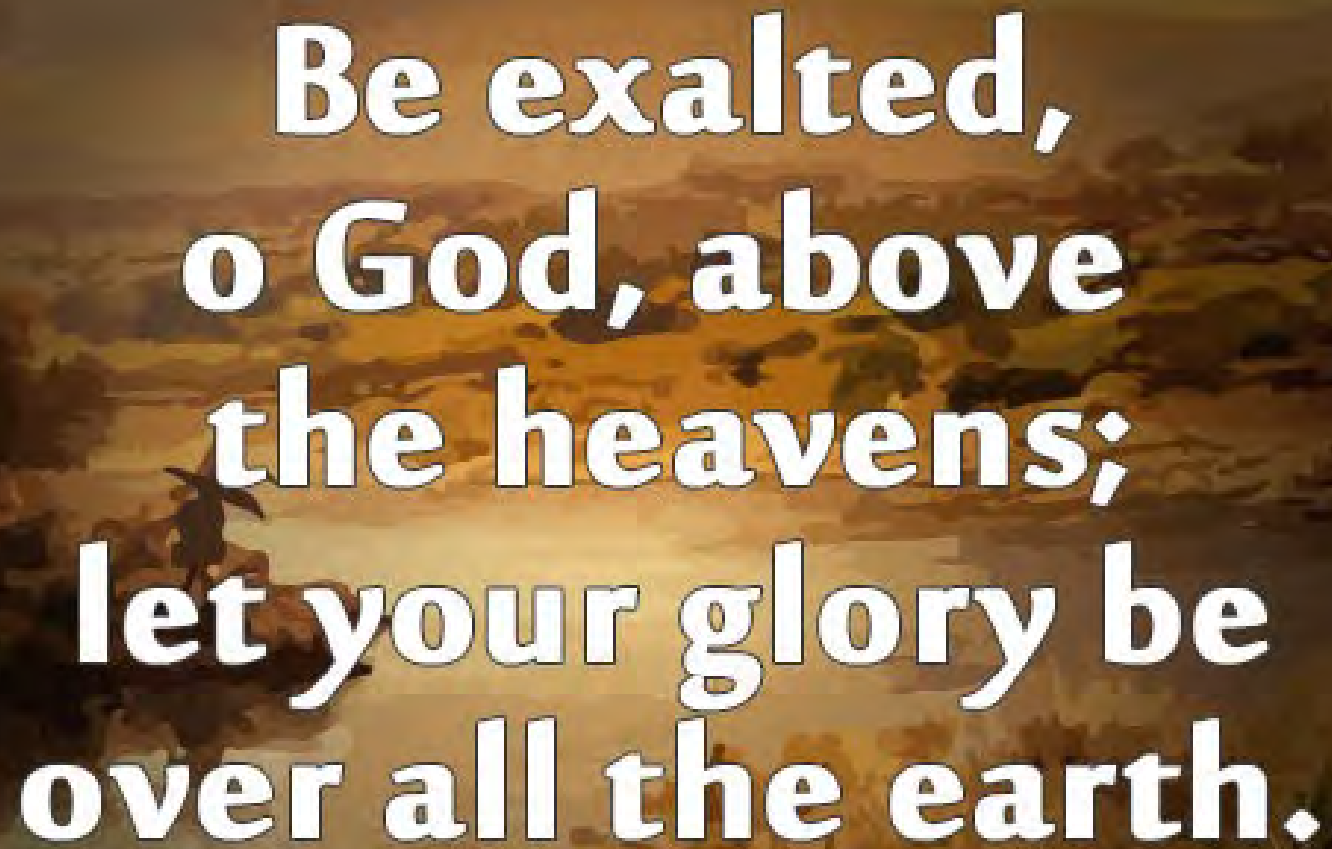
**May we worship our God in spirit and truth!**

**May we glorify our God today and always!!**

**May we set our gaze on Him in all of our  
worship!!!**

***THIS IS WHAT REAL WORSHIP  
LOOKS LIKE***

***BE EXALTED,  
O GOD  
IN MY LIFE***



**Be exalted,  
o God, above  
the heavens;  
let your glory be  
over all the earth.**

**-Psalm 57:11**

THIS DO  
IN REMEMBRANCE  
OF ME

