

The Strong Are To Build Up The Weak
***United As One* - Part One**

Romans 15: 1-6

September 7, 2025





Humans once chased antelopes for hours—until they dropped from exhaustion. No weapons, just endurance. The San of the Kalahari mastered this: persistence hunting. We were built to run, sweat, and survive. The original marathon wasn't for sport—it was for survival.

Verse 1

The Strong: *Bear the burdens of the weak*

Bear – More than tolerating or putting up with; it means to help make the weak strong

What characterizes a weak Christian?

*Judging, making critical statements,
grumbling*

God disdains grumbling –

Numbers 14: 27

Philippians 2: 14-15

LESSON: When you run into a grumble moment, **DON'T!**

INSTEAD PRAY AND TRUST GOD!

What is the stronger brother's responsibility to the weak?

Help them; get involved in their growth

When I help a weaker brother grow stronger, I am also growing stronger

We grow stronger together! **(UNITY)**



THE GOAL: No schism in the body; all growing together;
all working together for the common good and
the glory of God (***UNITY***)

CAUTION: Never compromise truth for unity and never
compromise your integrity for unity

**When we bear one another's burdens, we fulfill the Law of
Christ – Galatians 6: 2**

The Law of Christ is love for the brethren

Love is Not Enabling

Rescuing someone who continues to make poor choices is not called love. It's called enabling. Stop enabling and refuse to be a safety net, so they can grow up.

Verse 2 - 3

The Strong: *Please the weak and build up the weak*

What is “please”?

*Seeking the good of your neighbor;
sacrificing for your neighbor*

CAREFUL: People pleasing is a no, no!

Everyone wants to be liked, but not at the cost
of compromising our faith walk –

Galatians 1: 10

1 Thessalonians 2: 1

Audience of One



The goal is to edify and build up our neighbor, to help them mature, to grow

Stages of Development:

Nepios = a newborn, a baby; that is what we are when we are born again – a baby Christian



Padion = A young child, a toddler

Teknon – descended by birth; a teenager, young adult, still needing their parent

Huios – Son; is used for a fully mature adult in a spiritual context

Each level needs different nourishment

What does a milk diet produce?

Milky, immature believers, always on the milk





Babies are subject to deception – [1 Timothy 4: 1](#)

Baby Christians are fodder for deceiving spirits and doctrines of demons

It is good for our neighbor to grow, to become more mature, and not deceived!



I believe Jesus Messiah desires for His people to grow

*“Grow in the grace and knowledge of our Lord
and Savior Jesus Christ.”*

2 Peter 3: 18a

The Goal of Growth – Ephesians 4: 13-14

Reach out your hand, help your brother to grow!



The strong are to **BUILD UP** the weak!



"Strengthen the feeble hands
steady the knees that give way;
say to those with fearful hearts,
"Be strong, do not fear;
your God will come, He will come
with vengeance; with divine
retribution He will come
to save you."

ISAIAH 35:3-6

HE WILL COME!

STAY UNITED AS ONE BROTHERS AND SISTERS!